

## SCARE ME: Naloxone Education Checklist

	Overdose Prevention: Education OD Prevention partners; know your dealer; know your stuff; overdose prevention technique
	Risk Factors: mixing drugs, period of abstinence for any reason (as little as 3 days); using alone
S	Signs of Overdose: unresponsive to stimulation, slower breathing, blue lips
C	Call 911
A	A&B of Life: clear the Airway; Breathe for them while in recovery position
R	Rescue Breathing: Position, clear airway; pinch off nose; 2 big quick breaths then breathe every 5 seconds...in meantime have someone prepare Naloxone
E	Evaluate. Is it a good time to administer Naloxone?
M	Naloxone: Spray ½ vial into each nostril. Continue breathing for them until they wake. If they aren't awake in 3-5 minutes, give another dose of naloxone. If still unresponsive, get to hospital.
E	Aftercare: Stay with overdose victim for at least two hours. Naloxone works for 30-40 minutes. Stop them from using again. Naloxone is shorter acting than other opioids, therefore they could overdose again.